



September 21, 2023

Seabrook Middle School Conference Room

## Agenda

### 1) Welcome

#### a) Introductions-

- i) Attendance: Tami Hoffman, Interventionist  
Rebecca Knott, Parent  
Jordenne Sargent, SMS nurse  
Sydney Morris, SES nurse  
Jackie Wilk, SMS Health Teacher  
Hayley Parsons, SMS Counselor  
Lauren DeConstant , Curriculum Coordinator

#### b)

- i) New school board rep, reaching out to more parents and community members, and new SMS administrators.

### 2) Policy Review

- a) Ideas for other “celebrations” and rewards instead of snacks- list for teachers will be emailed and posted on website.
- b) Smart snack compliance - reminder to teachers from admin, PTO donations,

### 3) Nutrition Update

- a) Week of Oct 9th is National School Lunch Week - Theme is “Level Up With School Lunch” - We will have a week of fun themed meals!
- b) “Taste it Tuesday” will also be back in October.
- c) Importance of free and reduced meal applications - Currently 211 students are in the system to receive free or reduced lunch for this current school year. Letters going out to families who haven’t submitted an application on Friday 9/22. Some of these families include students who are still under 22-23 benefits which will expire as of 10/10/23. Lindsay has a lot of open communication with

families as needed. Staff can always help encourage families and also advise Lindsay of any families who may need assistance. Link to the form <https://www.sau21.org/free-and-reduced-application> it is fillable online and can be emailed to Lindsay Gaucher OR a hard copy can be requested.

4) Physical Activity Update

a)

5) Community Involvement

- a) National Walk to School Day (Wednesday, October 4th) - Jackie met with Bryan to review. Bryan was talking to SMS admin and parent communication. Staff to walk over at 7:30-7:45, kids will be asked to be dropped off at 7:45, bus company will be notified by Bryan.
- b) Exhibition night- potentially holding a health fair at the same time. Will be reaching out to administration.

6) Garden Bed Update

a) Greenhouse update (Lauren D).

- i) Lauren reports we got good headway with the green house last year. Had some ESSR funds that we could use towards a greenhouse. SAU asked for a proposal. We do have teachers from both SMS and SES that will lead this. Was told in June that we need to pause this for now, until February, due building needs. Plan to invite the new SMS principal to the next meeting so that they can be on board.

7) Next meeting dates

- a) 1/18/2023, 3/21/24, 5/16/24
  - i) April 19th for Earth Day.